Oswal Shikshan And rahat Sangh Sanchalit SHREE HALARI VISA OSWAL COLLEGE OF COMMERCE (Affiliated to University of Mumbai)

Report of guest lecture on Defence for

women development cell

- Date:- 27 December 2016
- Place:- 1st Classroom on 2nd floor
- Time:- 11.00am to 1.00pm

Objectives :- Learn to do whatever is necessary to keep yourself safe and unharmed.

Guest:- Mr.Pathan

- Women Development Camp organized guest lecture for girl students on "Self Defence".
- 2. Total 80 students attended the workshop.
- Principal explained that self-defence, especially for women, is of utmost importance in the kind of the world we live in today

- 4. Mr.Pathan explained Self-defence skills prepare us to fight rather than freeze and such organizations are the place to learn hoe to put up an impressive fight against the attacker.
- 5. He also explained the objectives of self defence, self-defence techniques common threats, protection strategy from single and multiple attackers ,etc.
- He also taught basic steps to an assault, attack and what requirement must be fulfilled for an assault to occur.
- At end of the programme vote of thanks by principal madam.

SHREE MALARI VISHA OSWAL B COLLEGE OF COMMERCE JOMEN DEVELOPMENT CELL Organises... ECTURE ON DEFENCES













CONVENOR MRS. HETAL PRAJAPATI PRINCIPAL DR. MRS. SNEHAL DONDE